

Useful Contact Information

Useful Contacts	National Organisation	Telephone	Website
<p>Nicola Clark</p> <p>John Sutton</p> <p>Designated Safeguarding Team</p>	Intertrain UK	<p>01302 815530</p> <p>or</p> <p>07535 727370</p>	Nicola.Clark@intertrain.biz
Information advice and guidance	National Careers Service	0800 100 900	www.direct.gov.uk/NationalCareersService
Additional Learning Support for Maths, English, Employability Skills etc.	Learn Direct	01202 006 464	www.learnirect.co.uk
Learning Support	Mencap	0808 808 1111	www.mencap.org.uk
Support for English for speakers of other languages (ESOL) learners	National Careers Service	0800 100 900	www.direct.gov.uk/NationalCareersService
Dyspraxia	Dyspraxia Foundation	01462 455016	www.dyspraxiafoundation.org.uk
Dyslexia	British Dyslexia Association	0333 405 4555	www.bdadyslexia.org.uk
Dyscalculia	The Dyscalculia Centre	<p>Email: admin@dyscalculia.me.uk</p> <p>01604 880 927</p>	www.dyscalculia.me.uk

Attention Deficit Disorder	ADDISS	020 8952 2800	www.addiss.co.uk
Health & Safety	HSE	0151 922 9235	www.hse.gov.uk
Apprenticeship information advice	National Apprenticeship Service	0800 015 0600	www.apprenticeships.org.uk
Racial Equality, Disability Rights, Equal Opportunities	Equality & Human Rights Commission Disability Service Centre	0808 800 0082 0800 121 4433	www.equalityadvisoryservice.com/ https://www.gov.uk/browse/disabilities
Arbitration Service	ACAS	0800 470 0619	www.acas.org.uk
NHS Direct	NHS Direct	0300 311 2233 or 111	england.contactus@nhs.net https://www.nhs.uk/
Sexual Health	Department of Health/NHS	0800 567 123	www.condomessentialwear.co.uk https://www.nhs.uk/using-the-nhs/nhs-services/sexual-health-services/guide-to-sexual-health-services/
Smoking	NHS Smoking Helpline	0300 123 1044	https://www.nhs.uk/live-well/quit-smoking/nhs-stop-smoking-services-help-you-quit/
Drug related matters	National Drugs Helpline	0300 123 6600 or Text 82111	www.talktofrank.com

Alcohol and anxiety	Drink Line	020 7766 9900	https://www.drinkaware.co.uk/	
National Association for Children of Alcoholics	NACOA	0800 358 3456	www.nacoa.org.uk	
	National Society for the Prevention of Cruelty to Children	0808 800 5000	www.nspcc.org.uk	
Emotional Support	Samaritans	116 123	www.samaritans.org www.headstogether.org.uk/get-support	
Victims of Crime Arson Burglary Childhood abuse Crime abroad Cyber crime Domestic abuse Fraud Hate crime Murder or manslaughter Rape and sexual assault Robbery Sexual harassment Stalking and harassment Terrorism Violent crime	Victim Support	0808 168 9111	www.victimsupport.org.uk	
	National Domestic Abuse Helpline	0808 200 247		
	Police	999	www.counterterrorism.police.uk/wh-at-we-do/prevent	
National Debt-line	Debt-line	03338803165	www.gov.uk/national-debtline	

UCAS Exam Results Helpline	Exam help/advice	0808 100 8000	https://www.gov.uk/careers-helpline-for-teenagers
Mind	Mental Health	0300 123 3393 Text: 86463	https://www.mind.org.uk