



Safe System of Work Planner COSS/IWA Conversion

Course Sessions

- 1. The SSOW Planning Process
- 2. Sources of Information
- 3. Arrangements for Green Zone Planning
- 4. Network Rail Rules Safe System of Work
- 5. Line Blockage Procedures
- 6. Safety of People Working on or Near the Line
- 7. Theory Assessment
- 8. Practical Assessment
- 9. Course closure and feedback

Learning Objectives

At the end of the training the delegate will be able to:

Understand the process for planning Safe Systems of Work in accordance with NR/L2/OHS/019 Safety of People Working on or Near the Line.

Access and extract information from various sources and use that information in the production of Safe System of Work Plans for use by staff required to work safely on the Network Rail Managed Infrastructure.

Have a basic understanding of key Rail Rule Book modules and Handbooks associated with planning and implementing Safe Systems of Work.

Instructions

It is the Sponsors responsibility to ensure candidates booked onto the course are eligible for the training they are to receive and in line with any relevant medical level or restriction that may apply, in accordance with NR/L2/OHS/00124 Competence Specific Fitness Medical Requirements.

Please be aware that candidates will be treated on a training event as if they are at work and they must comply with the relevant medical policy and bring their Sentinel Smartcard which will be swiped at the start of the course

Must be a minimum age of 18.

Meet the medical requirements of Network Rail Standard NR/L2/OHS/00124 Competence Specific Fitness

Medical Requirements and Network Rail Standard NR/L1/OHS/051 (Drugs & Alcohol).

Must bring Sentinel Smartcard endorsed with valid COSS/IWA (not in probationary period)

Must have a valid work experience COSS/IWA logbook with a minimum of 4 entries and 2 Management Reviews since trained or recertified endorsed by line manager or supervisor. Work Experience Logbooks not meeting these requirements will result in candidates not being eligible to continue with the course.

Must have sufficient command of English language, be literate in IT and mathematics and be conversant with Standard RT/L2/OHS/019 Safety of People Working on or Near the Line.

Photo ID - For British Nationals, one of the following (original hard copy - not electronically): a current and valid branded form of identity token, used for accessing the RMI (Railway Maintained Infrastructure) such as a Sentinel Card; in-date and valid full driving licence; in-date and valid UK Provisional Photo Card Driving Licence; in-date and valid passport, biometric ID Card, resident permit as per Home Office guidance or 'VallDate' card.

For Non-British Nationals - an in-date and valid passport is required (original hard copy - not electronically).

Please advise of any special needs.

It is the responsibility of the individual trainees Manager to decide upon their suitability to attend the course in accordance with the current issue of NR/L2/CTM/021 Competence & Training in Track Safety.

Address
Intertrain (UK) Ltd
Balby Court Business Campus
Balby Carr Bank
Doncaster
South Yorkshire
DN4 8DE

Contact
Tel: 01302 815 530
Fax: 01302 815 531
Email: sales@intertrain.biz